



Parent's Helpbook

Directory of
Services for
Families of



Special Needs
Children in
Burke County



Provided by the Burke County Local
Interagency Coordinating Council

We hope you can use the resources provided in this Parent Helpbook for your special needs child and family.



This Helpbook is provided by the
Burke County Local Interagency Coordinating Council.

What is the Burke County Local Interagency Coordinating Council?

The Burke County Local Interagency Coordinating Council is a community-based advisory group for the implementation of a birth to five interagency system of early intervention services. Local Interagency Coordinating Councils provide opportunities for service providers to be involved in local and regional activities such as child find and public awareness, community needs assessment, system evaluation, and professional development.



A few of the Local Interagency Coordinating Council's tasks are to (1) assist in identifying local early intervention and early childhood service and training needs, (2) develop and disseminate county specific public awareness and child find materials, (3) implement county specific activities that address service, training and monitoring needs, (4) foster interagency collaboration and information sharing, (5) promote parent and family involvement in all community activities and (6) encourage community efforts supporting inclusion of children with special needs and their families.

AccessCare (Medical Case Management Services)

407-D East Union Street

Morganton, NC 28655

Phone: 828-433-1955

Fax: 828-433-1875

Web-site: <http://www.ncaccesscare.org/> **CCNC website:** <http://www.communitycarenc.org/>

Description of Services: AccessCare assist local providers in developing a managed care delivery system and coordinate a continuum of care with processes to influence cost and quality of care. AccessCare was established in July of 1998 as an effort to improve access to care for the medically underserved Medicaid population of North Carolina. It includes over 300 Primary Care Practices statewide and approximately 227,000 Medicaid enrollees. To find out who a Care Manager is for each practice the parent can call the practice.

Appalachian (ASU's) Communication Disorders Clinic

730 Rivers Street

PO Box 32041

Boone, NC 28608

Phone: 828-262-2185

Fax: 828-262-6766

Web-site: www.cdclinic.appstate.edu

Description of Services: Provides evaluations and services to children with language and reading disabilities. Sliding fee schedule supported by N.C. Scottish Rite Masonic Foundation.

Autism Society of North Carolina

505 Oberlin Road Suite 230

Raleigh, NC 27605

Phone: 919-256-5202

Toll free: 1-800-442-2762

Fax: N/A

Web-site: www.autismsociety-nc.org

Description of Services: Provides services for NC residents with autism and related developmental disabilities.

Autism Support Group

Vickie Dieter, Parent Advocate/Trainer for Autism Society of NC

P. O. Box 11395

Hickory, N. C. 28603

E-mail: vickiefsnhope@gmail.com

Barium Springs/Catawba Valley Healthy Families

203 Avery Avenue

Morganton, NC 28655

Phone: 828-433-7187

Fax: 828-437-8329

Web-site: <https://www.bariumsprings.org/page.cfm?id=27>

Description of Services: Catawba Valley Healthy Families is a voluntary home visitation program designed to support first-time parents beginning sometime between a mother's last trimester of pregnancy and the baby's third-month of infancy. Families can remain enrolled up to five years though most complete the program within three years.

Bayada Pediatrics

1985 Tate Boulevard SE

Hickory, NC 28602

Phone: 828-327-3800 (Tammy Ikner)

Fax: 828-327-3303

Web-site: www.bayada.com<<http://www.bayada.com>>

Description of Services: At Bayada Pediatrics, our professionals specialize in caring for children of all ages, from newborns to adolescents at home and at school. Bayada Pediatric's nurses manage diverse diagnoses and high-tech equipment such as tracheostomies and ventilators, while our highly trained and caring Bayada Pediatric home health aides provide assistive personal care and support services. Depending on your child's needs, Bayada Pediatrics can provide nursing care up to twenty four hours a day.

BEGINNINGS for Parents of Children Who Are Deaf or Hard of Hearing, Inc.

302 Jefferson Street Suite 110

Raleigh, NC 27605

Phone: 919-715-4092 V/TTY

Toll free: 1-800-541-4327 V/TTY (in NC only)

Fax: 919-715-4093

Web-site: www.ncbegin.org

Description of Services: Offers free information, support, and advocacy for families who have children with hearing loss, ages birth to 22 years of age.

Burke County Care Coordination for Children (CC4C)

PO Drawer 1266

Morganton, NC 28680

Phone: Gloria Eppers, RN 828-764-9193

Description of Services: Care Coordination for Children (CC4C) is an at-risk population management program that serves children from birth to 5 years of age who meet certain risk criteria. The main goals of the program are to improve health outcomes and reduce costs for enrolled children. Services provided by CC4C care managers are tailored to patient needs and risk stratification guidelines. A comprehensive health assessment, including the Life Skills Progression, assists the care manager in identifying a child's needs, plan of care and frequency of contacts required. Contacts occur in medical homes, hospitals, in the community and in children's homes.

Referral criteria: Children with Special Health Care Needs (chronic physical, developmental, behavioral or emotional conditions) who require health and related services of a type and amount beyond that required by children generally. Children exposed to severe stress in early childhood, including: Extreme poverty in conjunction with continuous family chaos, Recurrent physical or emotional abuse, Chronic neglect, Severe and enduring maternal depression, Persistent parental substance abuse, Repeated exposure to violence in the community or within the family, Children in foster care who need to be linked to a Medical Home

Burke County Mobile Pre-K Buses

BETSIE (Bringing Everyone Technological Success in Education) – 413-7135

BEEBEE (Bringing Everyone Education By Early Experiences) – 381-6048

BUST'R (Building upon Strengths Through Reading) – 413-4451

412 Kirksey Drive

Morganton, NC 28655

Phone: 828-438-0985

Web-site: <http://www.burke.k12.nc.us/curriculum/birthto5/Pages/MobilePreK.aspx>

Description of Services: The mobile pre-k classrooms enable children and their families to receive quality preschool services in their home communities.

Blue Ridge Community Action (Head Start)

800 N Green Street

Morganton, NC 28655

Phone: 828-438-6255 ext. 226 in Burke County and 828-758-4290 ext. 3 in Caldwell County

Fax: 828-433-5721 (Burke County) and 828-759-0288 (Caldwell County)

Web-site: N/A

Description of Services: Federally funded program for preschool children from low-income families designed to prepare them for success in school. The program provides children with activities that help young children grow mentally, socially, emotionally and physically. Services are also offered to meet the special needs of children with disabilities.

Burke County Preschool Specialty Services through Burke County Public Schools

325 Conley Road

Morganton, NC 28655

Phone: 828-433-6030

Fax: 828-584-7273

Web-site: www.burke.k12.nc.us

Description of Services: Preschool Specialty Services is an early intervention program serving preschool age children. Preschool services may include early education, speech and language therapy, occupational therapy, and physical therapy aimed to meet the individual needs of children who are deemed eligible for services through comprehensive evaluations.

Burke County Public Library

204 S King Street

Morganton, NC 28655

Phone: 828-437-5638

Fax: 828-433-1914

Web-site: www.bcpls.org

Description of Services: A noncommercial library supported with public funds intended for use by the general public with locations in Morganton (437-5638), Valdese (874-2421), and Hildebran (397-3600).

Carolina Communicative Disorders Program (CCDP)

5501 Fortunes Ridge Drive Suite A

Durham, NC 27713

Phone: 919-419-1428

Fax: 919-419-1288

Web-site: N/A

Description of Services: Located at Department of Otolaryngology/Head and Neck Surgery at UNC-Chapel Hill. Provides hearing aides and other communication devices, primarily related to hearing as well as UNC physician, audiological and speech services for children ages three to twenty-one years who meet financial criteria. CCPD is part of a more comprehensive program of services including cochlear implants. Call for details.

Child Care Connections

304 West Union Street

P.O. Box 630

Morganton, NC 28630

Phone: 828-439-2328

Fax: 828-439-2332

Web-site: <http://ccrrwnc.org>

Description of Services: Child Care Connections of Burke County provides parents information on quality child care, current licensing standards, information about assistance in paying for child care, and information about community resources to help meet their needs. For child care professionals, we offer information and technical assistance with increasing star-rated licenses, technical assistance with areas of need, and professional development opportunities. In addition, we are a Child and Adult Care Food Program sponsor for family child care homes. Child Care Connections serves the community with information relating to families, children, and child care, sponsors and participates in community events and activities related to children, and advocates for quality child care in Burke County.

As of July 1, 2012, Child Care Connections will no longer provide child care referrals to parents who are looking for care. Region 9 Child Care Resource and Referral will provide this service to Burke County and may be reached by calling the Region 9 Toll Free Referral Line at 877-670-8735.

Children's Developmental Services Agency (CDSA)

145-A West Parker Road

Morganton, NC 28655

Phone: 828-433-5129

Fax: 828-433-1127

Web-site: www.ncei.org/ei/itp/cdsa.html

Description of Services: The CDSA is the single portal for children ages 0-3 years old to obtain an evaluation to determine eligibility for the N.C. Infant Toddler Program. Through a team approach with several professionals, this agency provides an in-depth evaluation of a child's medical, psychological, educational, physical, and speech-language needs for children ages birth to three. Early intervention service coordinators assist families in locating services and therapies (such as speech, occupational, or physical) as well as other support resources. Parents and others may refer children to the CDSA.

Early Head Start of Burke County

501 East Concord Street
Morganton, NC 28655

Phone: 828-475-0107

Fax: 828-475-0108

Description of Services: The Early Head Start (EHS) program provides home visitation, group socializations, and child care for income-eligible families of children from birth to age three as well as women who are pregnant. The comprehensive supports to children and their families include: child learning and development opportunities, parent education, medical and dental care, nutrition services, and child care.

Early Learning Sensory Support Program for Children with Hearing Impairments (Formerly - Early Intervention Program for Children Who Are Deaf or Hard of Hearing)

Phone: 828-781-4979

Fax: 888-295-8977

E-mail: ruth.anne.everett@esdb.nc.gov

Web-site:

<http://www.earlylearning.nc.gov/PreKindergarten/EarlyIntervention/EarlyInterventionProg.asp>

Description of Services: The Early Learning Sensory Support Program for Children with Hearing Impairments is a service provider for children who are enrolled in the Infant-Toddler Program/Children's Developmental Services Agency (CDSA). Services are provided to children who are deaf, hard of hearing, or deaf/blind, ages birth to three, and their families with emphasis on language and communication skill development. Itinerant teachers licensed in the area of hearing impairment provide family-centered intervention in home and daycare settings. Teachers work with the CDSA to ensure that children who are eligible receive appropriate Preschool Program services at age three.

Early Learning Sensory Support Program for Children with Visual Impairments (Formally - Governor Morehead Preschool Program)

201 Smokerise Drive
Morganton, NC 28655

Phone: 828-413-7864

Fax: 828-475-8564

Web site:

<http://www.earlylearning.nc.gov/PreKindergarten/GovMoreheadPK/GovMoreheadPreschool.asp>

Description of Services: The Early Learning Sensory Support Program for Children with Visual Impairments provides community-based early intervention and preschool services to children ages birth through five years with diagnosed visual impairments. Services are provided in collaboration with a variety of other agencies and interventionists to ensure that each child's unique and individual needs across all areas of development are being addressed. Staff offer an array of services to children and families. Focusing on environmental and educational adaptations, visual efficiency assessment and training, compensatory skill development, pre-Braille/Braille instruction, and orientation and mobility training, teachers address each child's unique needs specific to their visual impairment. Intervention occurs through the use of a variety of instructional strategies that take place in the child's natural environment. Additional services include family support services and activities, developmental assessments, IFSP and/or IEP development, and staff development opportunities for both service providers and families.

Easter Seals UCP of NC

5171 Glenwood Ave. Suite 400

Raleigh, NC 27612

Phone: 1-800-662-7119

Web-site: <http://nc.eastersealsucp.com/>

Description of Services: **Early Childhood Outreach** - Early Childhood Outreach supports children with special needs, typically aged 0-3 years old, in licensed community childcare facilities, at home with their families or within the community. Child and family specialists provide developmental therapies to the child, as well as training and technical assistance to the child's caregiver. **Early Intervention** - Early Intervention provides services to infants and toddlers who have disabilities or developmental delays. Services are provided by qualified educators who are experienced in working with young children with special needs, helping families incorporate developmental practices into their daily routines, and assisting families in locating needed resources in their community. **Children's Centers** - Easter Seals UCP operates nine inclusive children's centers throughout North Carolina. Easter Seals UCP's children's centers support children with and without disabilities; children without disabilities make up about 50% of each center's enrollment. The centers serve children on a 12-month basis and prepare them for entry into the public school system. Several of the centers operate More at Four classrooms for eligible children. **Lekotek** - Lekotek works with families who have a child, or children, aged 0-8 with special needs. The word Lekotek is Swedish for "play." Children with special needs may need additional assistance and guidance during the learning process. Lekotek teaches families to use toys and play activities to help their child with special needs learn and reach new goals.

ECAC (Exceptional Children's Assistance Center)

907 Barra Row Suites 102/103

PO Box 16

Davidson, NC 28036

Phone: 1-800-926-6817

Fax: N/A

Web-site: www.ecac-parentcenter.org

Description of Services: Parent training and information center offering parents of children with disabilities information, assistance, and workshops on laws, IEP's, etc. Parent's newsletters are available.

Family Connections/Parents As Teachers

510 College Street

Morganton, NC 28655

Phone: 828-433-7676

Fax: 828-437-3981

Web-site: fc@burke.k12.nc.us

Facebook: BurkeFamilyConnections

Description of Services: Family Connections provides a variety of resources to Burke County families with children beginning with prenatal supports to parents and continuing with developmental activities for children up to five years of age. Home visits offered twice monthly to eligible families by parent educators certified in the Parents As Teachers foundational curriculum. Support and resources are made available to pregnant and parenting teens in the four local high schools and two alternative school settings. In addition, a Family Resource center is available Monday through Friday from 8am - 4:30pm for parent guided play experiences as well as scheduled parent/child events.

Family, Infant and Preschool Program (FIPP)

300 Enola Road

Morganton, NC 28655

Phone: 828-433-2661

Fax: 828-438-6457

Web-site: www.fipp.org

Facebook: FamilyInfantPreschoolProgram

Description of Services: FIPP provides individual parenting and developmental supports and resources to children birth to five years of age and their families through a variety of home and community activities. FIPP staff includes nurses, occupational therapists, physical therapists, speech-language pathologists, teachers, psychologists, and nutritionist.

Family Support Network/HOPE

P.O. Box 11395

Hickory, N. C. 28603

Phone: 828-256-5202

Fax: 828-256-5202

Website: www.fsnhope.org

Description: Provides information, support and training for families who have premature babies and children of all ages with special needs in Alexander, Burke, Caldwell, Catawba and McDowell Counties. FSN/HOPE coordinates a local network of trained Support Parents who are available to be matched with parents who have children with similar conditions or circumstances, and is part of the statewide Family Support Network of Parent-to-Parent programs. The HOPE Parent Resource Center, a federally-funded program of FSN/HOPE, provides information and training to help families who have children with disabilities with issues related to their child's education. Hmong, Latino, and English-speaking staff are available. For more information contact vickiefsnhope@gmail.com

Health Check/Health Choice of Burke County

Burke County Health Department - Health Check Coordinator

700 East Parker Road

Morganton, NC 28655

Phone: 828-764-9153

Fax: 828-439-4444

Web-site: <http://www.nchealthystart.org/outreach/index.html>

Description of Services: Offers health check-follow-up services for children 0-21 who are covered by Medicaid and health choice-follow-up services for children 0-19 who are NOT covered by Medicaid and who have no other means of health insurance coverage.

Institute for Health and Human Services

ASU Box 32102

Boone, NC 28608

Phone: 828-262-7677

Fax: 828-262-7680

Web-site: www.ihhs.appstate.edu

Description of Services: To provide research, clinical services, and training programs in the health and human services disciplines to meet the needs of students, faculty and the region.

Local Interagency Coordinating Council (LICC)

c/o CDSA Director

145-A West Parker Road

Morganton, NC 28655

Phone: 828-433-5129 (Ask for the director of the CDSA)

Fax: 432-5445

Web-site: <http://www.ncei.org/ei/icc/local.html>

Description of Services: This organization is comprised of representatives from various agencies and parents of children with disabilities who work together to ensure that services for children with disabilities are efficient and family friendly.

Magical Moments Therapeutic Riding Center

691 Davistown Road

Old Fort, NC 28762

Phone: 828-442-5839

Fax: 828-668-3153

Web-site: www.magicalmomentstrc.com

Description of Services: A non profit organization dedicated to providing equine therapeutic activities with the purpose of contributing positively to the community to increase the function and well being to those with disabilities.

Make a Wish Foundation

1293 Hendersonville Road Box 1

Asheville, NC 28803

Phone: 828-274-9474

Fax: 828-274-9470

Web-site: www.newish.org

Description of Services: To grant wishes of children with life threatening medical conditions to enrich the human experience with hope, strength, and joy.

March of Dimes Birth Defects Foundation

Western Carolina Division

1601 Norwood Road

Statesville, NC 28677

Phone: 704-873-2554

Fax: N/A

Web-site: N/A

Description of Services: Community services to address maternal and infant needs; advocacy for programs and policies to improve the health of mothers and babies.

MOMS (Moms Offering Moms Support) Club of Morganton

c/o Lori Farris

502 Bost Road

Morganton, NC 28655

Phone: 803-984-9035 (Lori Farris)

Web-site: Find us on Facebook!

Description of Services: Come and meet other stay at home moms at the MOMS Club! The MOMS Club (Moms Offering Moms Support) is a national, nonprofit organization specifically for at home mothers everywhere! Join us for playgroups, park days, Moms' night out, activity groups like arts and crafts, coffee breaks, field trips, lunch groups and more!

MUMS (Mothers United for Moral Support) National Parent-to-Parent Network

150 Custer Court

Green Bay, Wisconsin 54301-1243

Phone: 1-877-336-5333 (toll free)

Fax: 1-920-339-0995

Web-site: www.netnet.net/mums

Description of Services: Maintains extensive database of children with disabilities (including very rare disorders) so that families may contact each other for support and to share medical information. Also publishes quarterly newsletter for families and professionals.

Muscular Dystrophy Association

570 Executive Center Drive Suite 103

Charlotte, NC 28212

Phone: 704-567-2912

Web-site: <http://www.mda.org/>

Description of Services: Diagnostic testing, clinical services, physical and occupational therapies, summer camp, public health education.

NC Early Hearing and Detection Program

8584 Birchwood Lane

Terrell, NC 28682

Phone: 828-478-2879

Fax: 828-478-2890

Web-site: www.ncnewbornhearing.org

Email: Morgan.Moore@dhhs.nc.gov

Description of Services: Provides a safety net to those families whose babies either do not receive an initial hearing screening at birth or are in need of a re-screening following birth. Provides support to families going through the diagnostic process of confirming a hearing loss.

NC Early Intervention Library

1916 Mail Service Center

Raleigh, NC 27699-1916

Phone: 919-707-5520

Fax: 919-870-4834

Web-site: www.ncei-eclibrary.org **Email:** ncei.library@ncmail.net

Description of Services: Loans books and videos focusing on young children with special needs. They have a special collection of children's books. This service is available to parents and professionals in North Carolina.

NC Pre-K

304 W. Union Street

PO Box 630

Morganton, NC 28680-0630

Phone: 828-438-6290

Fax: 828-439-2333

Web-site: www.smartstartkids.org

Description of Services: NC Pre-K is a community based, voluntary program designed to prepare children for kindergarten. The program provides quality educational experiences in order to enhance kindergarten readiness and prepare children for success in school.

Olson Huff Center at Mission Children's Hospital

11 Vanderbilt Park Drive

Asheville, NC 28803

Phone: 1-800-377-9251

Web-site: http://www.missionhospitals.org/body_childrens.cfm?id=1824

Description of Services: At Mission's Olson Huff Center, we provide a range of integrated medical, behavioral and therapy services for children and adolescents with difficulties in development, behavior and learning. Our goal is to provide guidance and support for parents and caregivers to create the most effective, individualized care plan designed to help your child reach his or her fullest potential in life. These services include:

Treatment for children and adolescents with: Autism Spectrum Disorders(ASD), such as Asperger's Syndrome, Developmental Delays, Attention Disorders and Learning Deficits, such as Attention Deficit Hyperactivity Disorder (ADHD)

Diagnostic services including physical examination of child, standardized testing, imaging and lab tests,

On-site therapy, including speech, physical and occupational plus low-intensity developmental therapy in communication and sensory processing,

Expert management of medications.

In addition, we provide: Family Counseling & Support, Pediatric Psychology. We also work hard to coordinate care with primary care doctors and pediatric specialists throughout the region and we work closely with early intervention services, preschools, schools and other agencies.

Safe Kids Burke County

700 East Parker Road

Morganton, NC 28655

Phone: 828-764-9219 (Coordinator)

Fax: 828-764-9154

Description of services: The Safe Kids Burke County Coalition is part of Safe Kids Worldwide and Safe Kids North Carolina. Safe Kids is dedicated to the prevention of accidental childhood injury, the number one killer of children ages 14 and under. The Burke County Health Department is the lead agency for Safe Kids Burke County.

Our risk areas include: motor vehicle safety, including child passenger safety, heatstroke, backovers and frontovers and pre-driver education; pedestrian safety, TV and furniture tip overs, bike and wheeled sports safety, drowning, medication safety, button battery ingestion, fire and burn and safe sleep.

Safe Kids Burke County has 3 permanent car seat checking stations in Burke County that check car seats at no cost by appointment. The checking stations are the Burke County Health Department (828-764-9219), George Hildebran Fire & Rescue (828-874-4610) and the Valdese Fire Department (828-879-2103).

Special Olympics

2400 Park Road Suite B

Charlotte, NC 28203

Phone: 800-358-6276

Fax: 704-358-3211

Web-site: www.sonc.net

Description of Services: Provides opportunities for children and adults with disabilities to develop physical fitness, engage in athletic competition, and experience the joy of sharing and friendship through a variety of sporting events.

Tyndall Center Therapeutic Preschool

Sipe's Orchard Home
4431 County Home Road
Conover, NC 28613

Phone: 828-256-5056, extension 348

Web-site: www.sipesorchardhome.org/Tyndall.html

Description of Services: A therapeutic preschool program for children with behavioral and emotional difficulties. Specializes in helping young children who are troubled and their families improve the quality of their lives.

TEACCH Center (Treatment and Education of Autistic and related Communication handicapped Children)

46 Haywood Street
Asheville, NC 28801

Phone: 828-251-6319

Fax: 828-251-6358

Web-site: www.teacch.com

Description of Services: A resource for parents of children diagnosed with autism.

Walkin' Roll

9120 Mockingbird Lane
Hickory, NC 28601

Phone: 828-326-5193

Web-site: www.walkinroll.org

Description of Services: Provides sports and recreation activities for children with disabilities and their families.

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